

#### Mission Statement

Our Mission is to Promote Self-Esteem and Recognition to All Talents with Equal Opportunity and without any Discrimination



Our Mandate is to treat all Talents of all ages, gender, level of ability and expertise equally

# **PROMOTING SELF-ESTEEM**

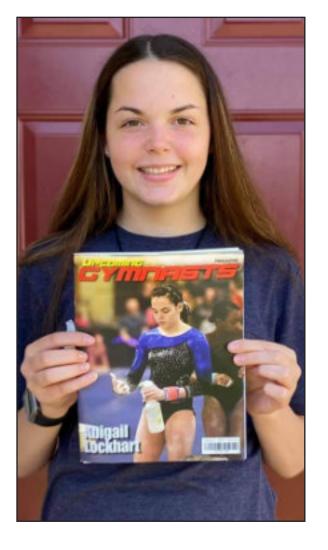
**& RECOGNITION** 







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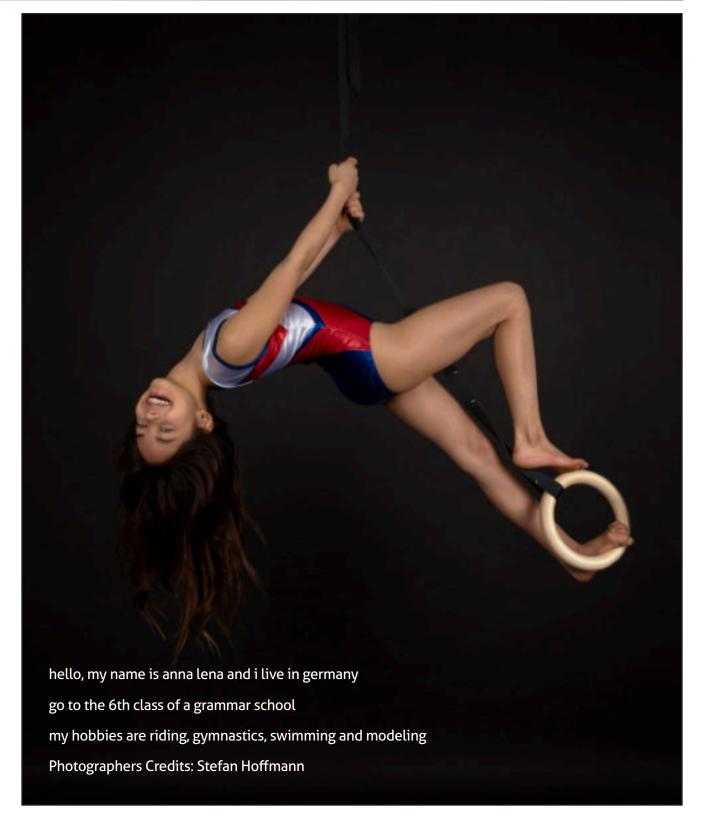




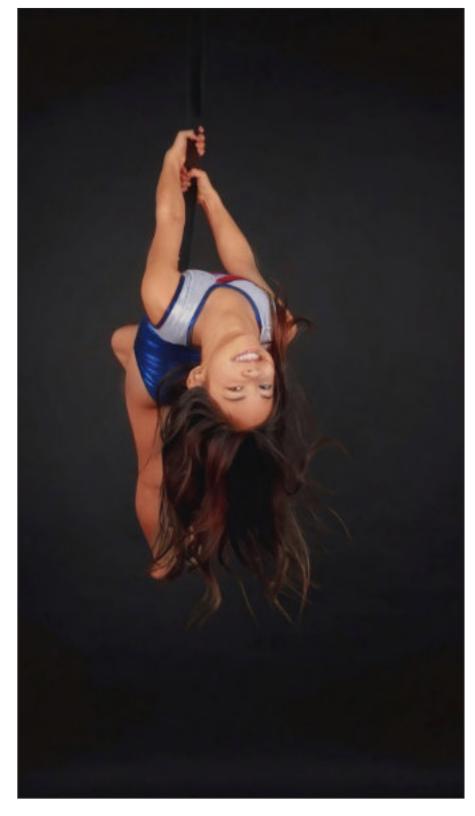


### Anna Lena





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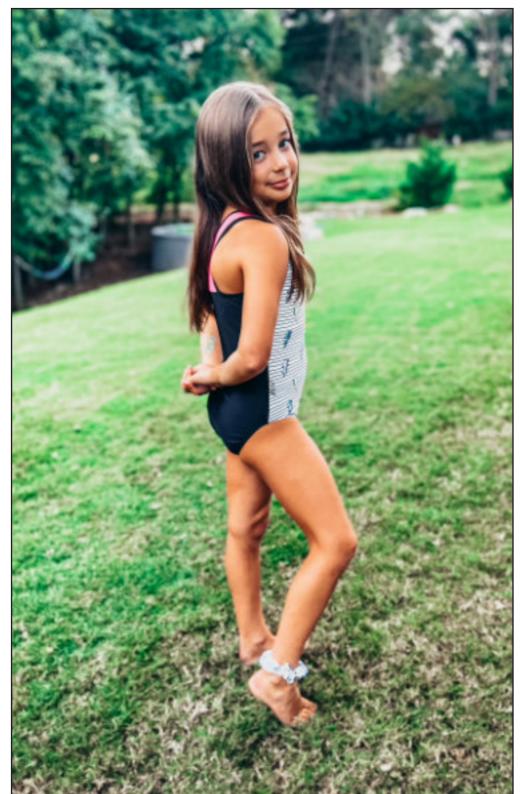




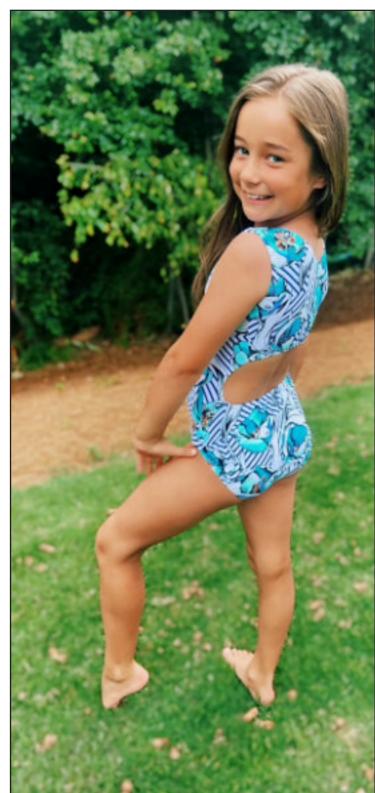


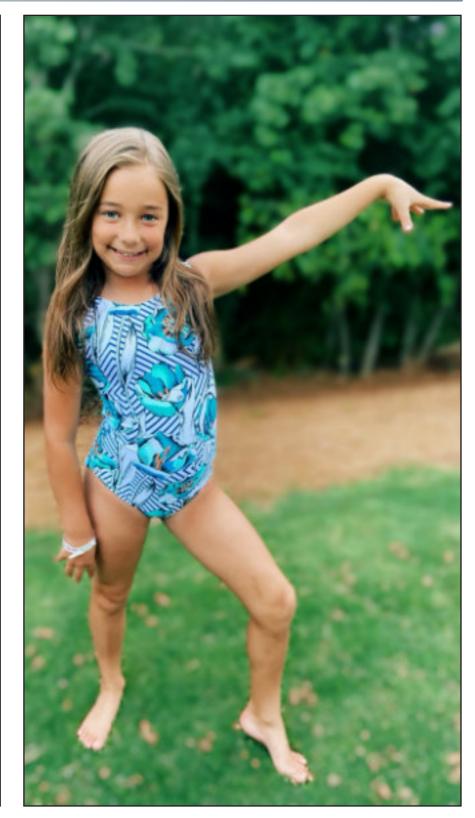




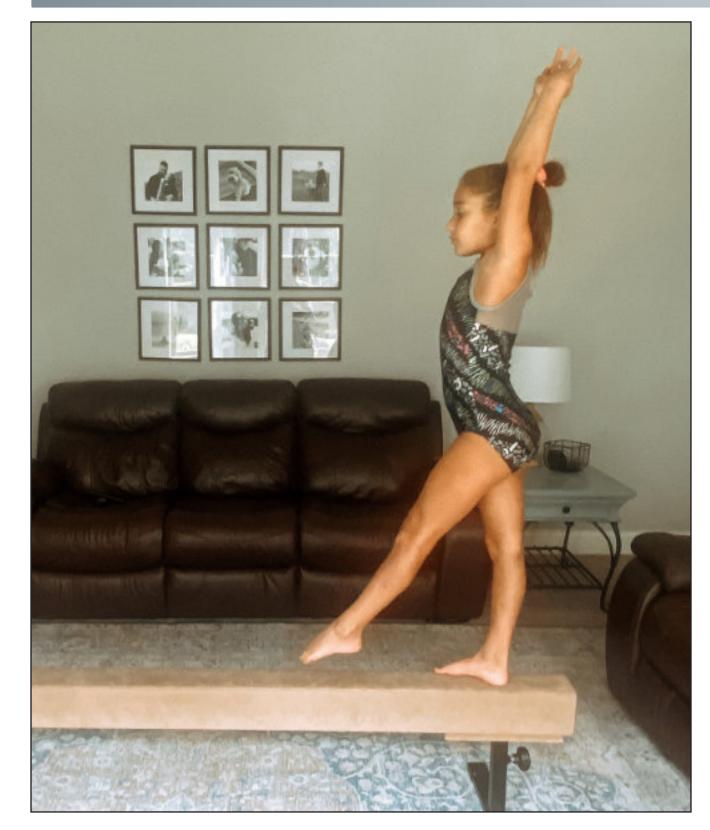


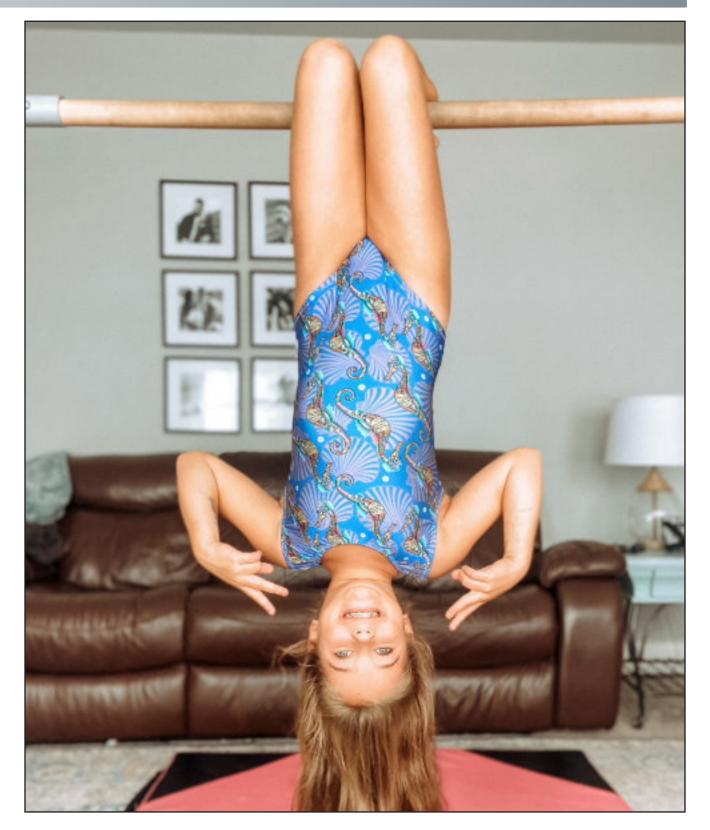


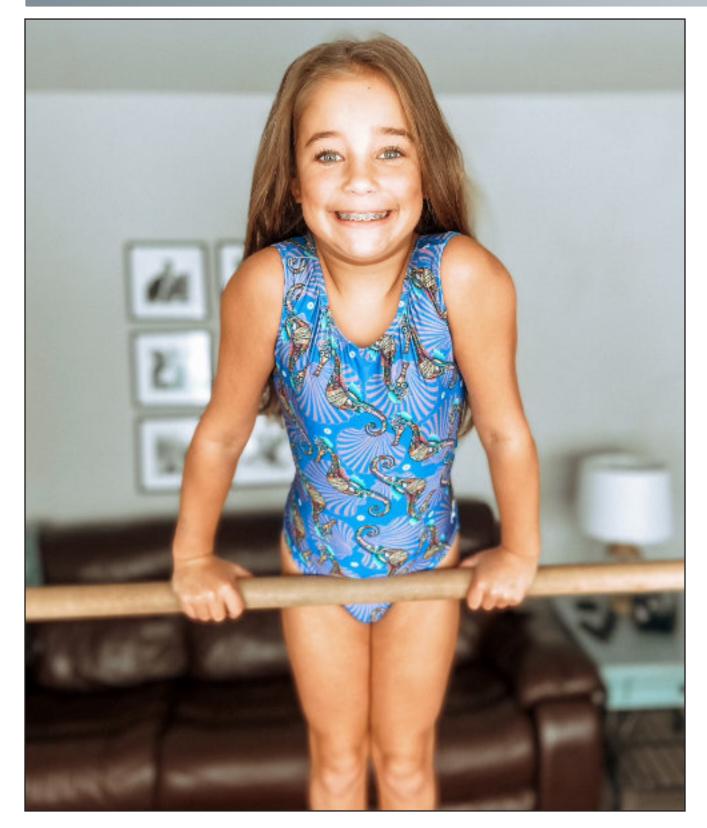




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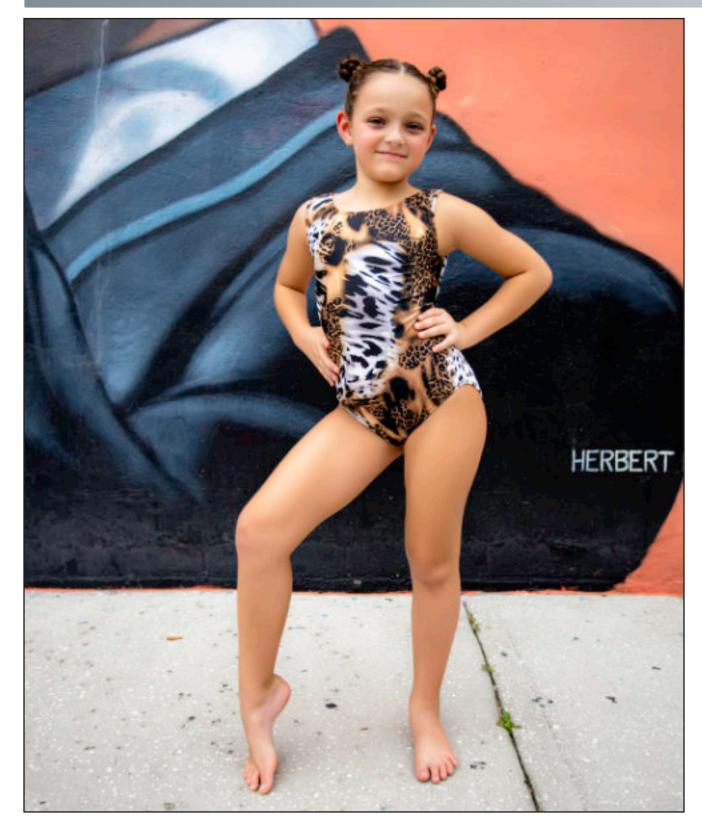


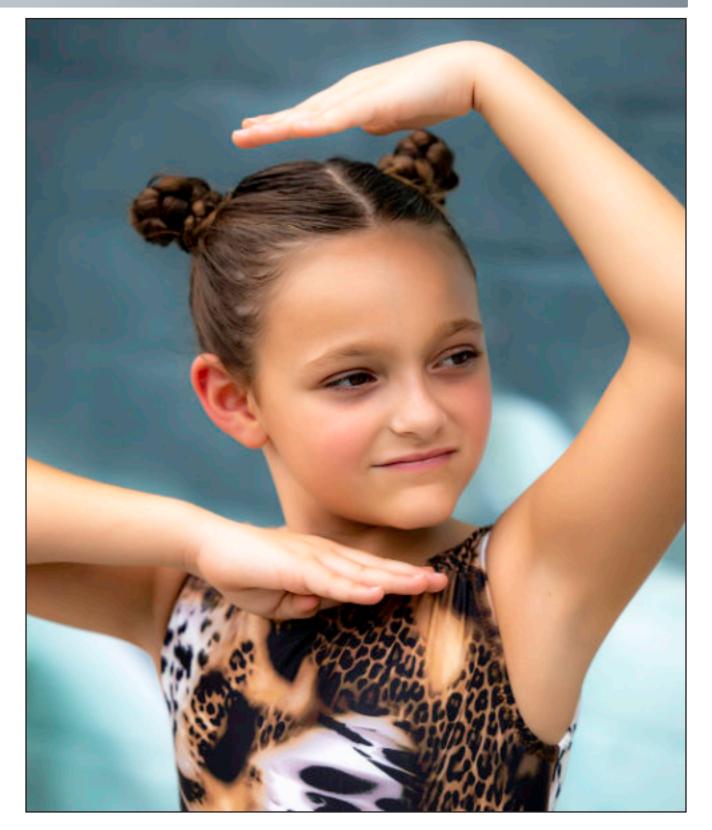


My name is Charlie and I am 8 years old. I have been doing gymnastics for a little over a year. I started in the recreational program and I am now on a USA gymnastics level 3 competitive team. I train 3 days a week for almost 3 hours at a time. For most kids my age this would be overwhelming, but I absolutely love being in the gym. Gymnastics has become an outlet for me, and I truly have a passion for it. Not only do I love the sport itself, I really feel lucky to have a "family" outside of my home. My coaches and teammates have become my second

family and my relationships with them are so special to me. Gymnastics is so much more than just earning medals and standing on a podium. It is life changing. When I am doing gymnastics I feel unstoppable, I feel invincible, and I feel like I am on top of the world. Every time I learn how to do a new skill I feel an overwhelming sense of accomplishment. It is so rewarding. My dream is to become a collegiate gymnast, and one day to open my own gym so that I can instill a passion for gymnastics in others.

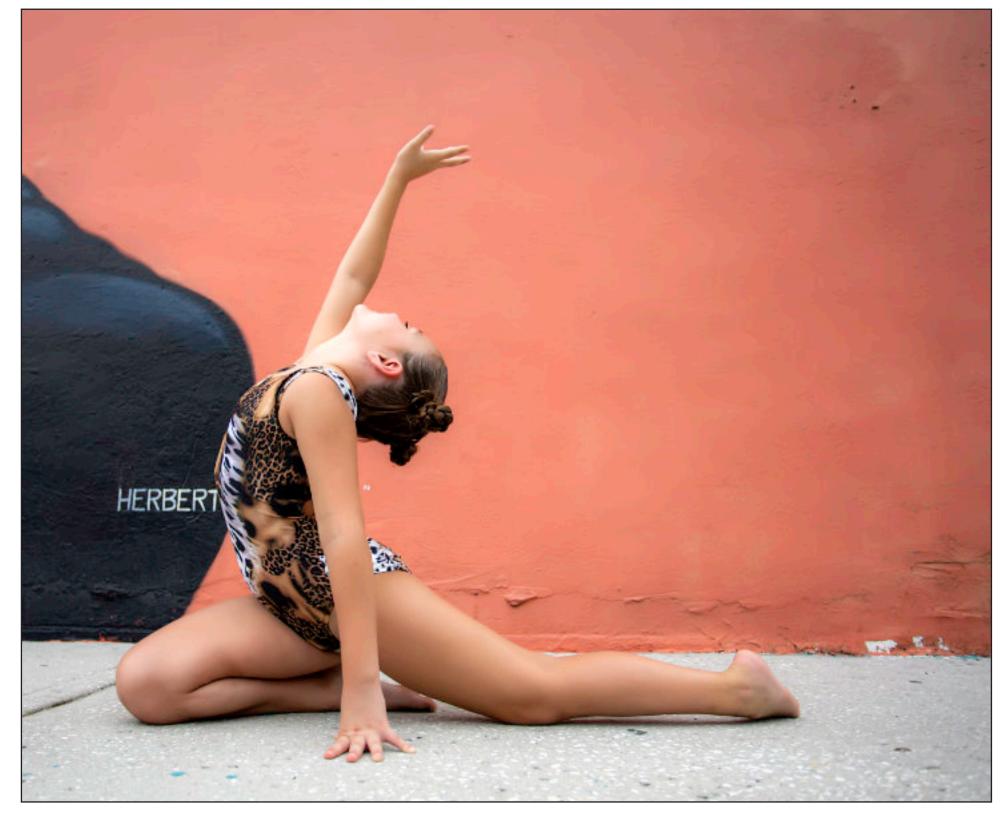
## Hannah Mae



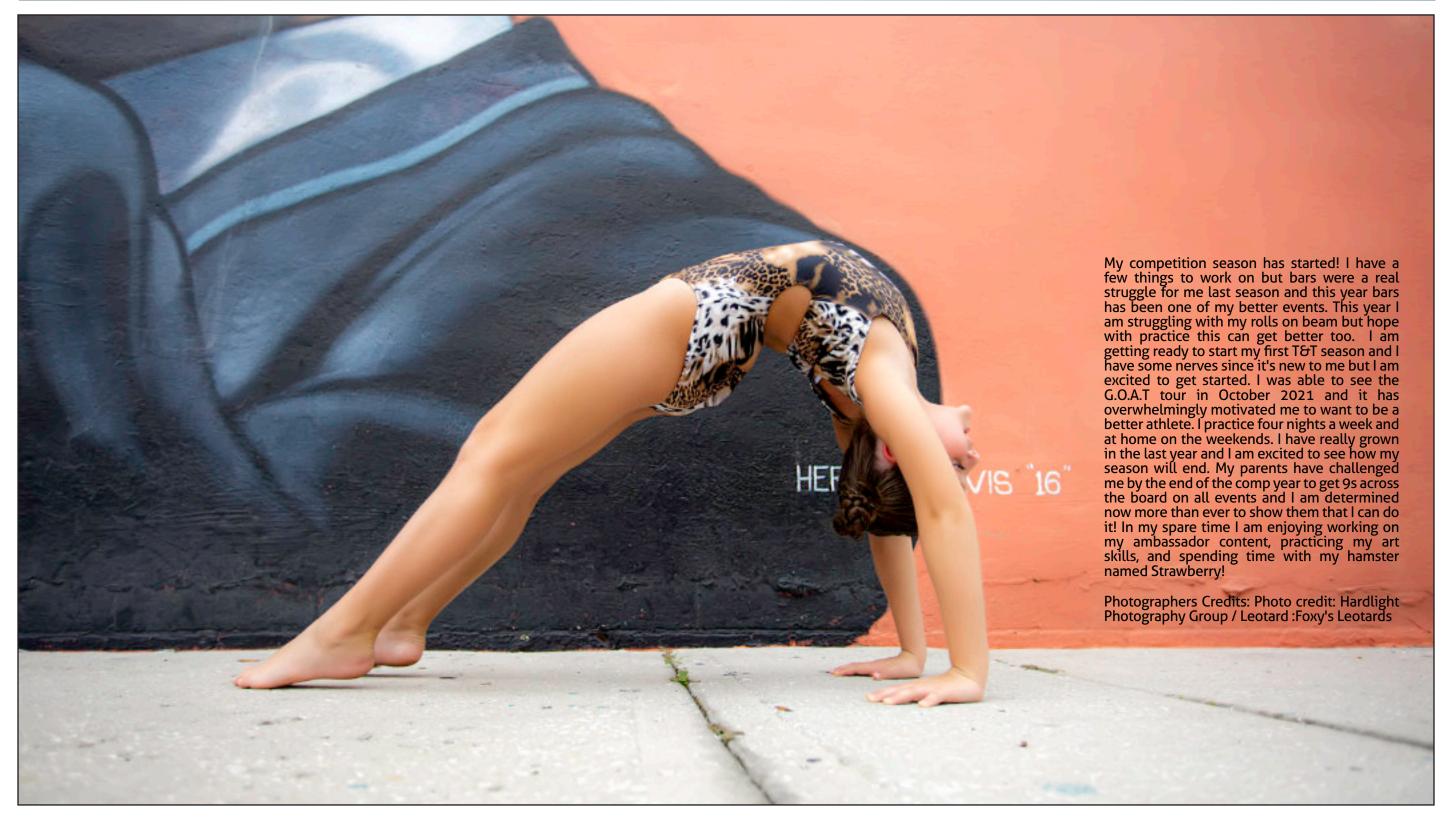




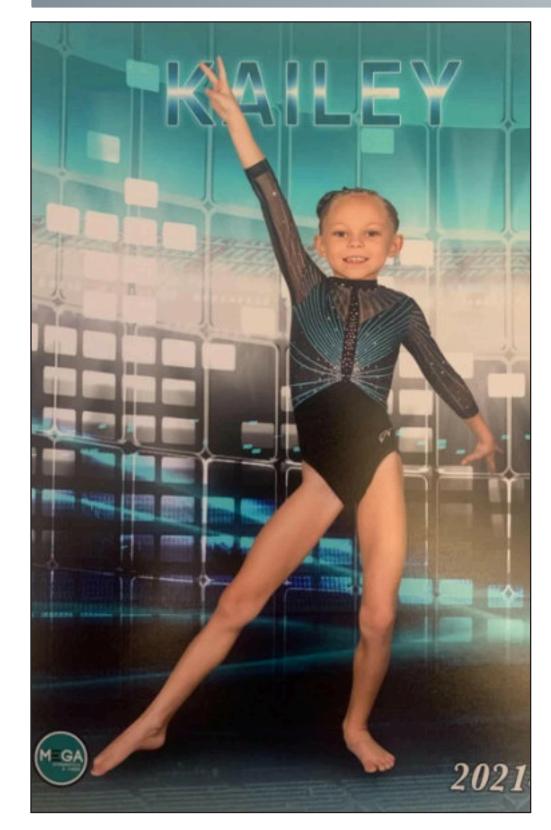
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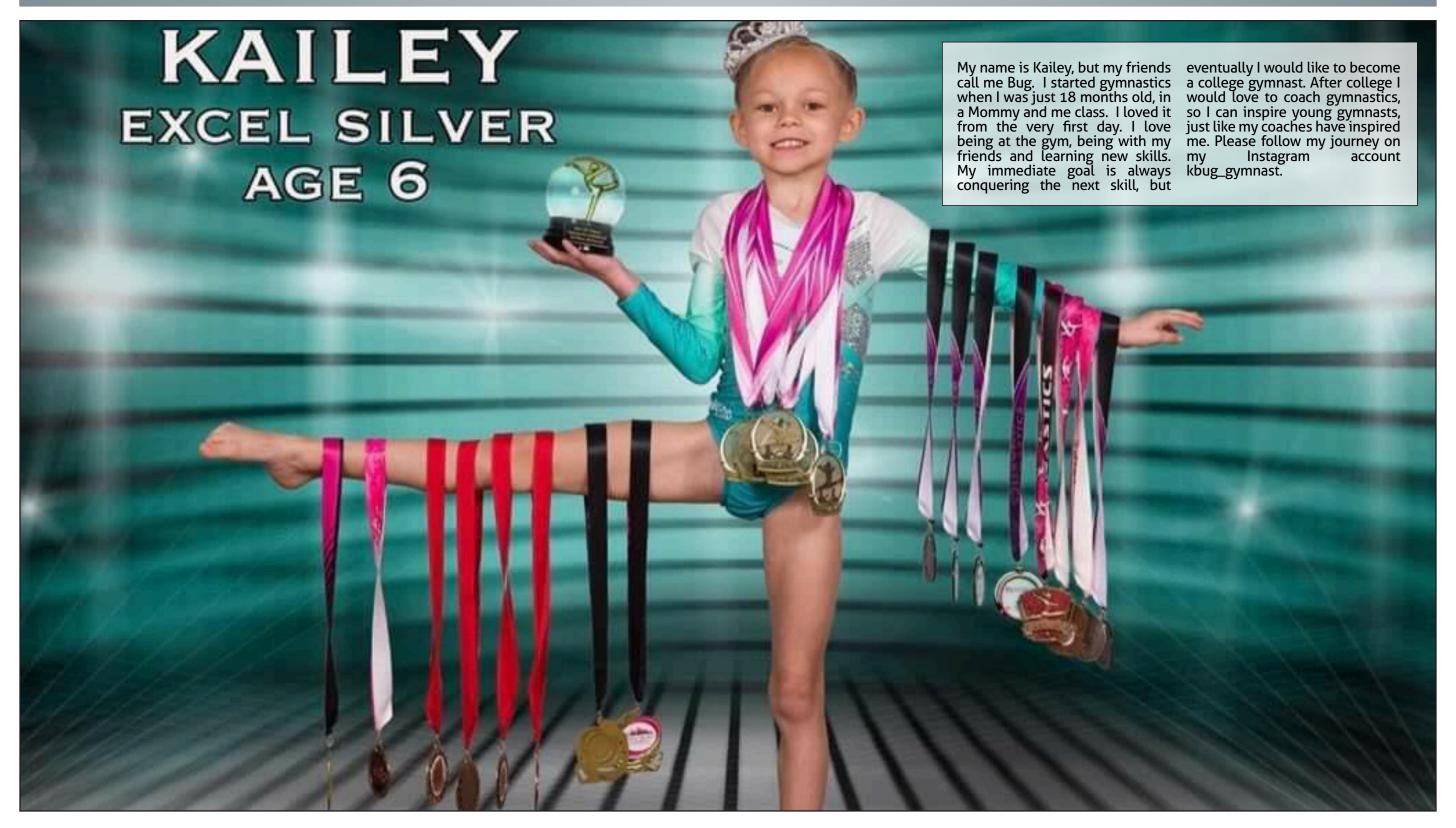




# Kailey Churchill



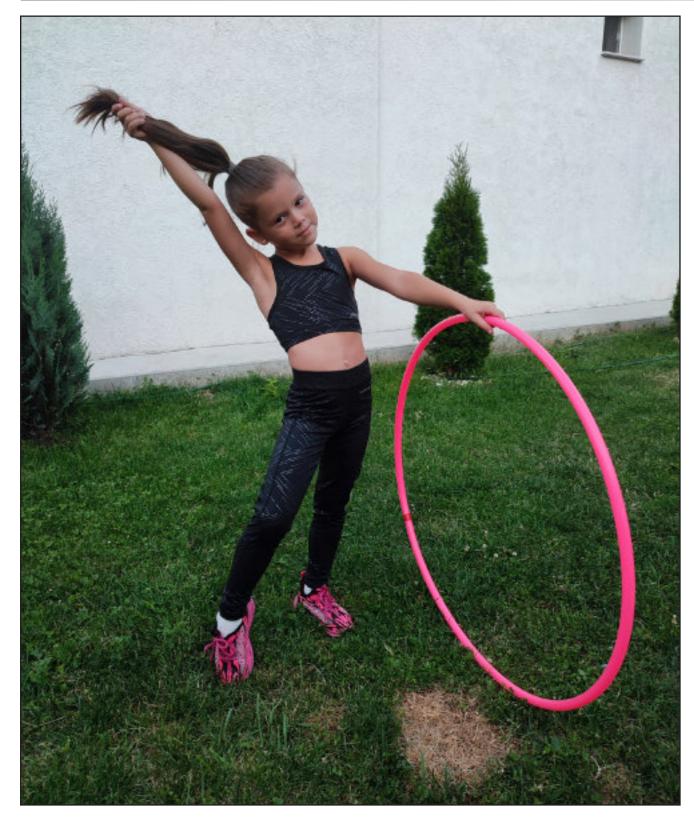


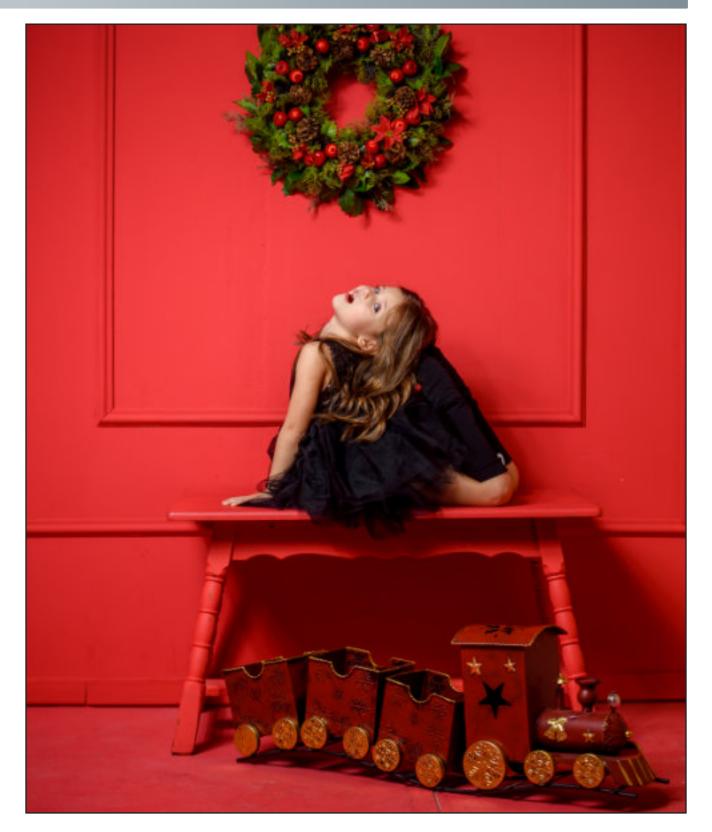


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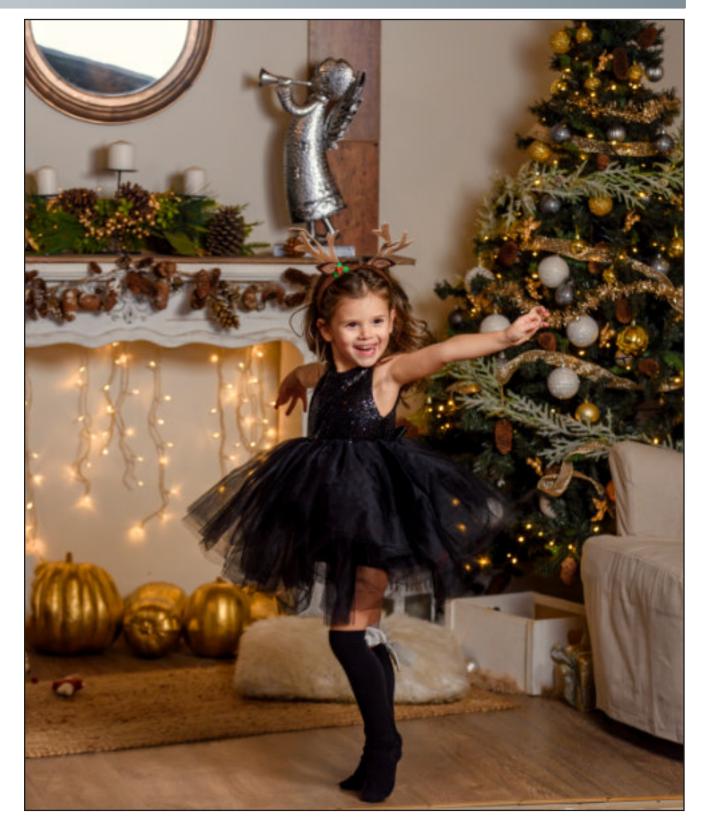








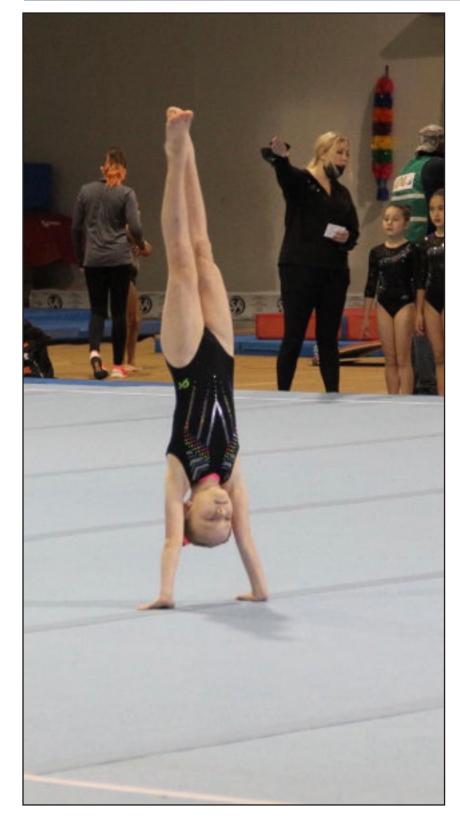


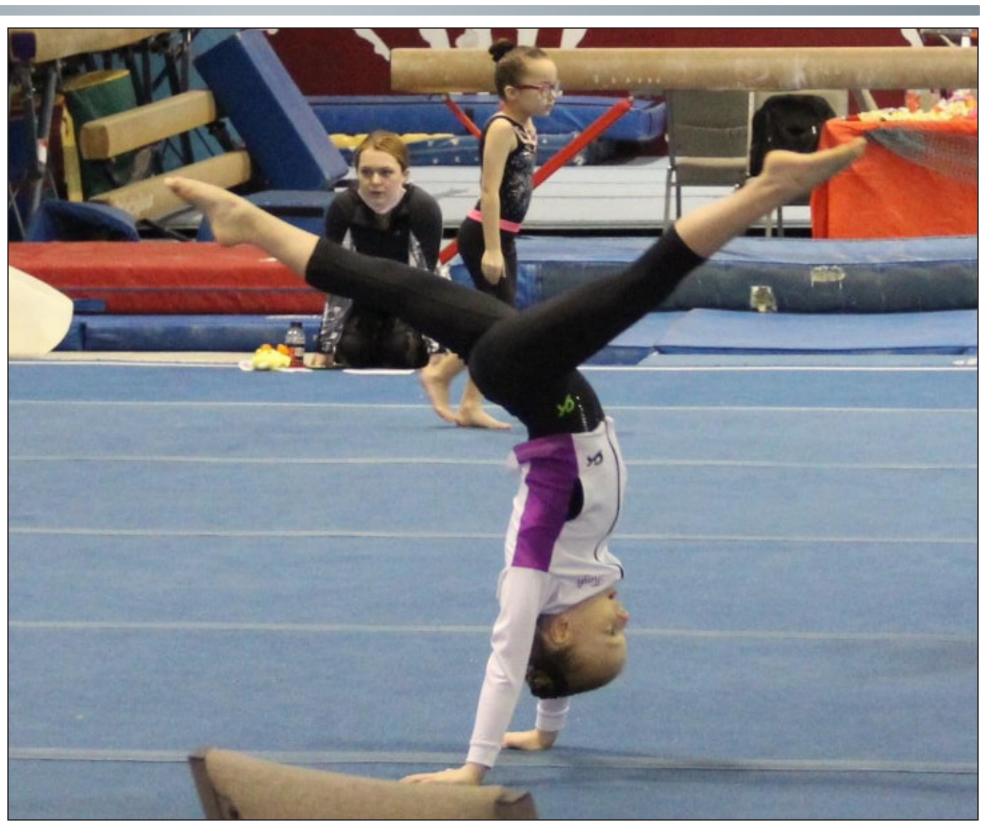






# Kayli Boyd





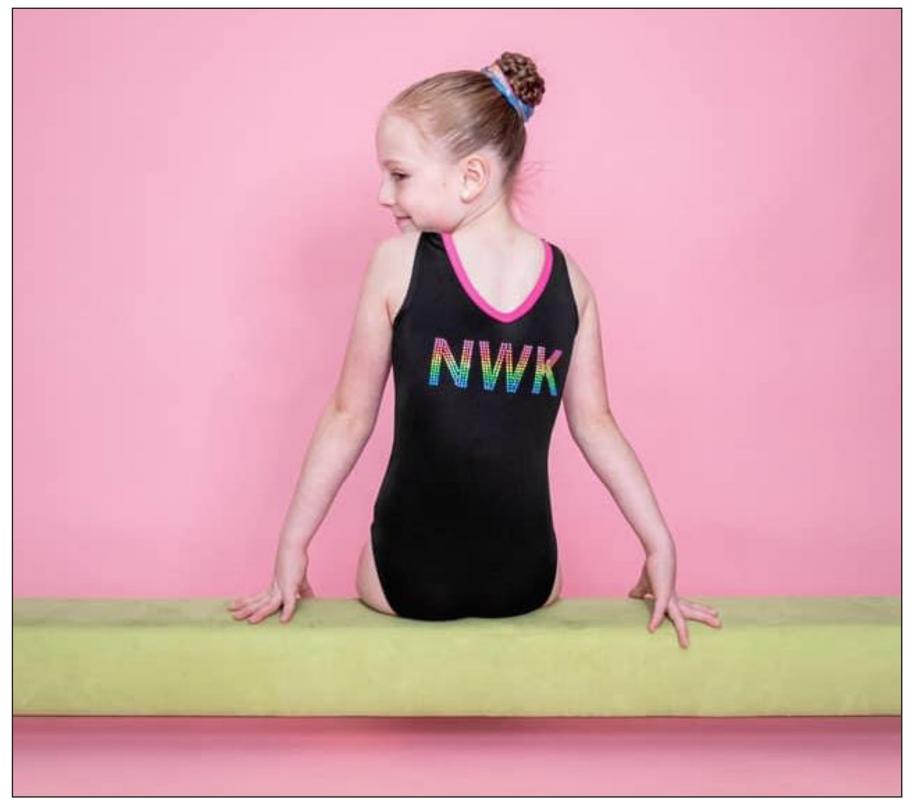




Kayli is about to start her second year competing in the xcel program on her team in Corpus Christi, TX. She started training at age 7 and is now only 8 years old. This will be her first year competing on the silver team since last year she was on the bronze team. Kayli has both ADHD and Dyslexia which has caused her challenges in gym, but she always overcomes them! Some might wonder how dyslexia would interfere with gymnastics. She has

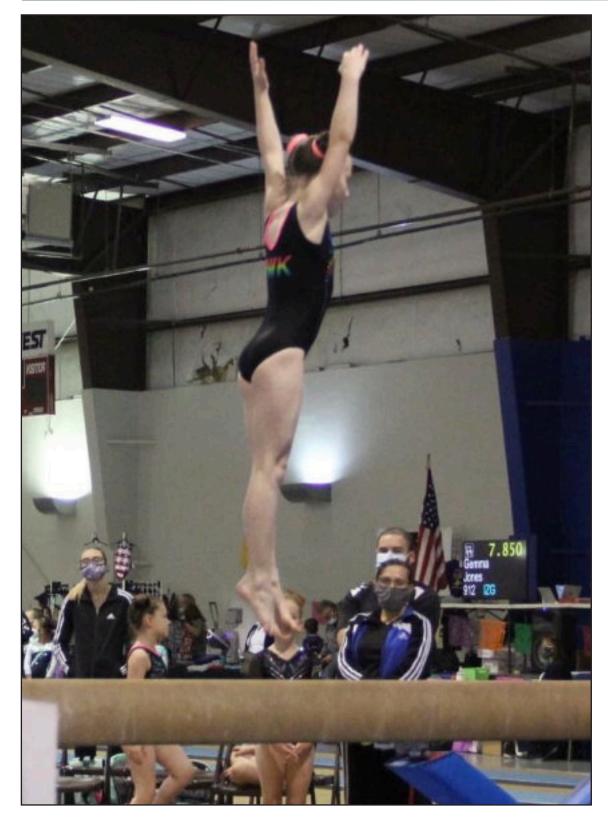
mixed up directions on the floor and artistic arm movement on beam. But she works HARD when a new routine comes along to make sure her brain remembers the moves. Kayli loves everything about gymnastics but most of all her favorite apparatus is the bars.

Photographers Credits: Jennifer Stewart Photography, Mary Boyd





# Kayli Boyd





# Larah Majeske





#### \_arah Majeske



Larah Majeske got her start in gymnastics at the age of six and was quickly invited to join pre-team. Larah competed level 3 during the spring 2018 season and finished first on bars, beam, and all around at the Michigan State Championships. Over the summer of 2018, Larah participated in TOPs Testing and made the TOPs National Diamond Team as one of the top 50 seven year olds in the country.

Larah competed the remainder of the 2018-2019 season as a level 5 and came in the top 10 on floor at the Michigan State Championships.

In 2019 Larah participated in TOPs testing for a second and qualified to TOPs national testing as one of the top 100 eight year olds in the country.

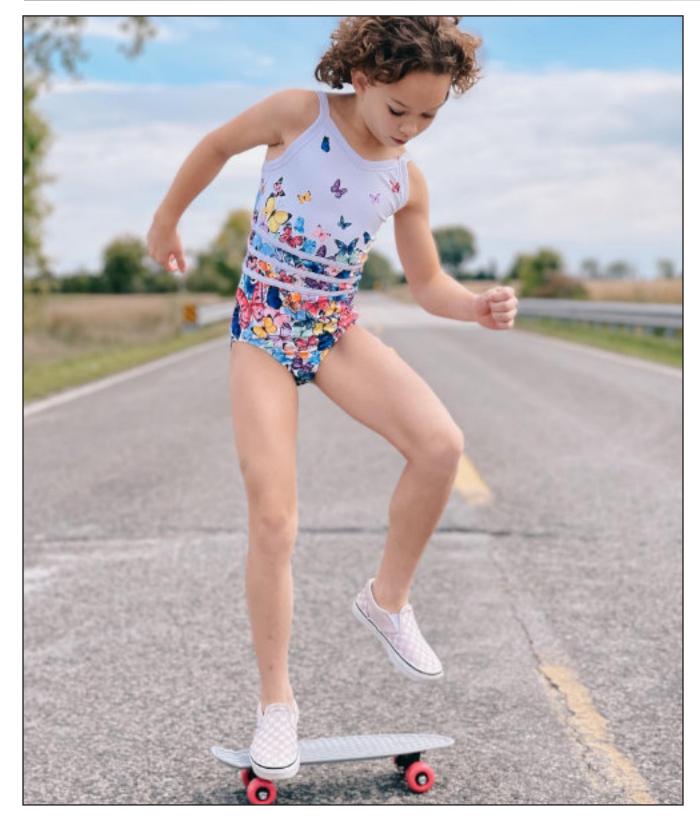
Larah began her optional career in December 2019 as a level 7 at the MEGA Magic Classic. Here, Larah finished eighth on bars. Larah was able to compete three more meets before the remainder of the season was canceled due to COVID-19. At her final meet Larah won the bars title and came in second all around.

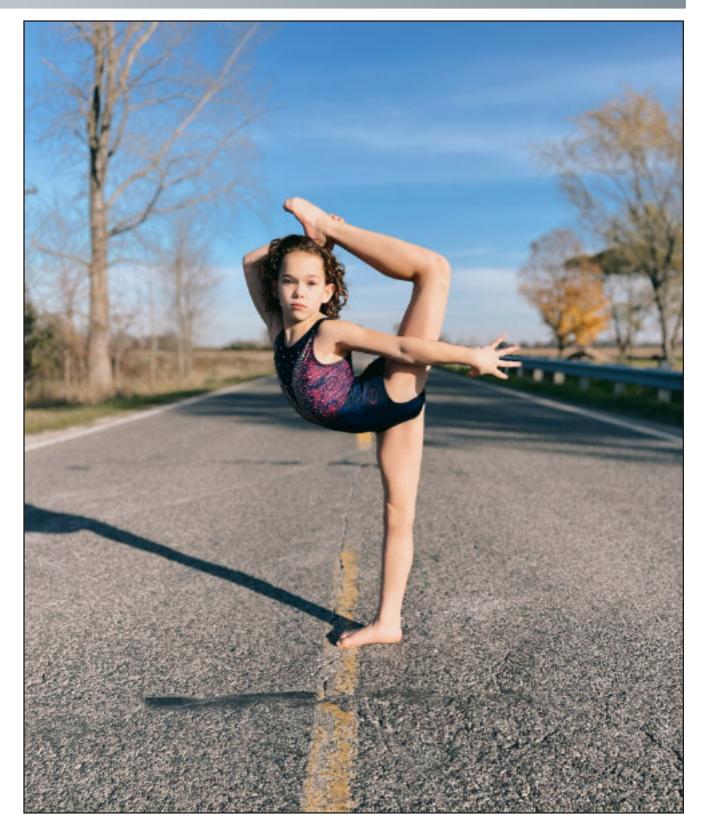
In 2021, Larah began her level 8 season at the Cereal City Classic where she won the bars title and took fourth all around. Larah qualified to the Region 5 Championships. Larah concluded her season at the Region 5 Championships with a fifth place finish on vault. Larah participated in TOPs testing for her final summer in 2021. From state testing, Larah qualified to national testing and went on to make the TOPs National A team as one of the top 45 eight to ten year olds in the country.

Currently, Larah is getting ready to start her 2022 season as a level 9. In the future, Larah hopes to earn a college scholarship for gymnastics to the University of Denver.

Photographers Credits: Mariane Majeske

# Larah Majeske







Hello, I am Lyla Wesson, 11 years old, and I am a level 4 gymnast at Noma's School of Gymnastics in Anniston Alabama. Gymnastics is a very challenging sport. It takes a lot of physical and mental work to be the best gymnast. I have struggled with skills because of the mental fear of failing. My coach tells us all the time that you cannot master a skill without the strength to do it, so we do a lot of strength training.

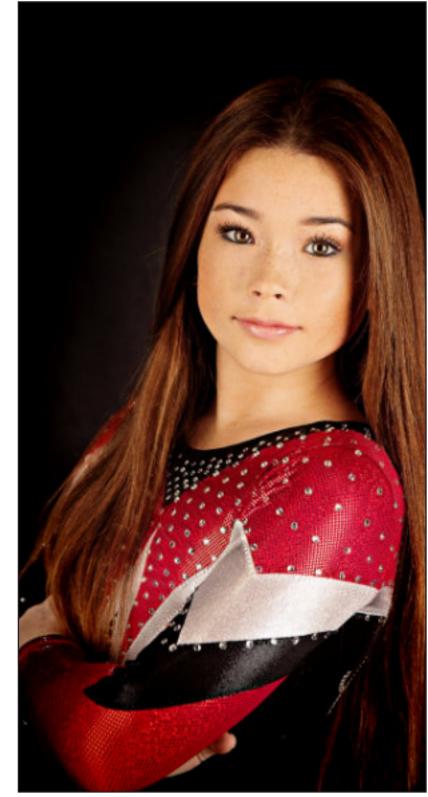
My goal in gymnastics is to be the best gymnast I can. I have been competing in gymnastics for several years now, and I have never won the State Championship. So my goal this past season was to win the Alabama State Championship, and I DID IT!! I was beyond proud of myself. I set my goals and worked extra hard and became state champion for Compulsory level 4.

I am excited about the upcoming season in Xcel. I will be competing as Gold, and my goal is to make it on the Alabama State team. I am currently learning all my new routines, and I am excited to try and push the limit on my skills.

One of my biggest challenges I face with gymnastics is flexibility. I have strength but very little flexibility, and it takes both in gymnastics. I generally spend an hour stretching just to get warmed up. My shoulders have always been a huge struggle for me, but it is something I work on daily. I have set a goal to stretch them every single day to keep them loose so they do not tighten up too much.

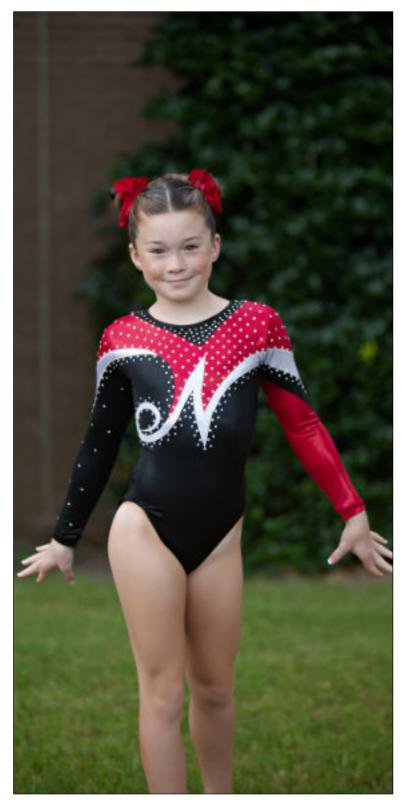
My next goal will be to get my giant, move on and skip level 5, go to level 6, and move on to Platinum. I think by next fall I will have all the skills needed to move up!

Photographers Credits: Laura Wesson

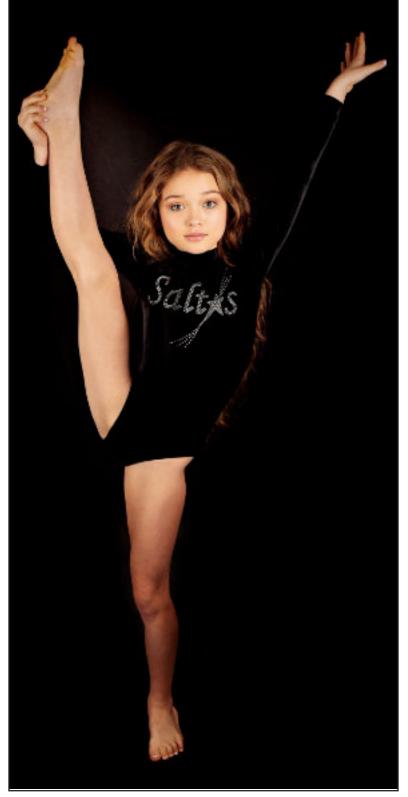












#### Peyton Wesson

Hi, I'm Peyton Wesson, 10 years old, and a level 3 gymnast at Noma's School of Gymnastics in Anniston, Alabama. I have been in gymnastics since I was very little, and I have always the loved sport. Gymnastics has many challenges. It takes time, dedication, hard work, commitment, focus, and a lot of discipline.

My goal in gymnastics is to master each skill and be perfect at all of it. This past season in Level 3, my goal was to be state champion and represent the state of Alabama in my age division, and I did it. I am your Compulsory State Alabama Champion. Next season is Xcel, and I am excited to learn all new routines. My goal is to make it to regionals as Silver and represent my state of Alabama on the Alabama team.

My biggest challenge I have had to overcome is Vault. I have no idea why, but I could not master vault. Now, it is one of my favorite events. It took several private lessons and years of practice, and I think I finally have the concept of it.

My next goal is to get my kip on the bars. Once I get my kip, I will be able to move up to level 4 and go to Gold. I am halfway to my kip, and I plan to get it before next compulsory season.

**Photographers** Credits: Laura Wesson





